

PK KB WVL 26: Session: 1: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tieghem Kristof

Coaches: Lefever Elisa

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE MEN 11+					Heat:2, starttime: 09:07
Heat: 2/14 Lane : 2 Athlete: T'JONCK MATHIJS					Q-time: 01:30:12
PB (25m pool): 01:30.12 Ieper 04/01/2026					PB (50m pool): 01:24.69 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.58		01:30.12	
		00:43.58		00:46.54	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:5, starttime: 09:13
Heat: 5/14 Lane : 4 Athlete: MOERMAN JASPER					Q-time: 01:11:76
PB (25m pool): 01:11.76 Ettelbruck 19/04/2026					PB (50m pool): 01:12.56 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.60		01:11.76	
		00:34.60		00:37.16	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:5, starttime: 09:13
Heat: 5/14 Lane : 9 Athlete: THYVELEN RUNE					Q-time: 01:14:60
PB (25m pool): 01:14.60 Ettelbruck 19/04/2026					PB (50m pool): 01:15.99 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.80		01:14.60	
		00:34.80		00:39.80	
					

Coach feedback:

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Event number: 2: 100M FREESTYLE MEN 11+					Heat:8, starttime: 09:18
Heat: 8/14 Lane : 3 Athlete: VANHAECKE LOWIE					Q-time: 01:06:10
PB (25m pool): 01:06.10 Zwevegem 31/05/2026					PB (50m pool): 01:07.81 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.18		01:06.10	
	00:32.18		00:33.92		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:11, starttime: 09:22
Heat: 11/14 Lane : 2 Athlete: VAN BRABANT BENJAMIN					Q-time: 00:59:68
PB (25m pool): 00:59.68 Zwevegem 31/05/2026					PB (50m pool): 01:01.63 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.93		00:59.68	
	00:28.93		00:30.75		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:12, starttime: 09:24
Heat: 12/14 Lane : 8 Athlete: DEVRIESE SKY					Q-time: 00:58:66
PB (25m pool): 00:58.66 Ettelbruck 19/04/2026					PB (50m pool): 00:59.58 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.25		00:58.66	
	00:28.25		00:30.41		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:13, starttime: 09:25
Heat: 13/14 Lane : 3 Athlete: EECKHOUT SIEBEN					Q-time: 00:55:49
PB (25m pool): 00:55.49 Zwevegem 11/05/2025					PB (50m pool): 00:57.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.45		00:55.49	
	00:26.45		00:29.04		
					

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 09:29	
Heat: 1/10 Lane : 8 Athlete: DE DEYNE PAULIEN							Q-time: 03:53:67	
PB (25m pool): 03:53.67 Veurne 19/10/2025				PB (50m pool): 03:27.83SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.62		no time		no time		03:53.67
	00:53.62							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:33	
Heat: 2/10 Lane : 0 Athlete: DEMAREST JAYDA							Q-time: 03:15:89	
PB (25m pool): 03:15.89 Meulebeke 10/05/2026				PB (50m pool): 03:21.85 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.43		no time		no time		03:15.89
	00:48.43							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:33	
Heat: 2/10 Lane : 6 Athlete: DEJONCKHEERE FLOOR							Q-time: 03:12:10	
PB (25m pool): 03:12.10 DIKSMUIDE 30/11/2025				PB (50m pool): 03:20.35 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.71		01:32.22		02:27.46		03:12.10
	00:42.71		00:49.51		00:55.24		00:44.64	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 09:37	
Heat: 3/10 Lane : 7 Athlete: HOORNE ELISE							Q-time: 03:06:65	
PB (25m pool): 03:06.65 DIKSMUIDE 30/11/2025				PB (50m pool): 03:23.83SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.42		01:31.18		02:23.50		03:06.65
	00:43.42		00:47.76		00:52.32		00:43.15	
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 09:37	
Heat: 3/10 Lane : 9 Athlete: DECAESTECKER OONA							Q-time: 03:09:44	
PB (25m pool): 03:09.44 Meulebeke 10/05/2026				PB (50m pool): 03:10.66 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.00		no time		no time		03:09.44
	00:44.00							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 09:51	
Heat: 7/10 Lane : 9 Athlete: GHEKIERE JUNE							Q-time: 02:46:46	
PB (25m pool): 02:46.46 Ettelbruck 19/04/2026				PB (50m pool): 02:48.82SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.54		01:21.29		02:07.67		02:46.46
	00:35.54		00:45.75		00:46.38		00:38.79	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:8, starttime: 09:54	
Heat: 8/10 Lane : 0 Athlete: DEMAREST HAILEY							Q-time: 02:41:59	
PB (25m pool): 02:39.76 Diksmuide 29/12/2024				PB (50m pool): 02:45.95 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.51		01:18.88		02:02.10		02:39.76
	00:35.51		00:43.37		00:43.22		00:37.66	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:9, starttime: 09:58	
Heat: 9/10 Lane : 9 Athlete: CASTELEYN YANA							Q-time: 02:38:73	
PB (25m pool): 02:38.73 Ettelbruck 19/04/2026				PB (50m pool): 02:42.32SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.22		01:17.00		02:02.70		02:38.73
	00:35.22		00:41.78		00:45.70		00:36.03	
								

Coach feedback:

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Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:09
Heat: 3/5 Lane : 5 Athlete: STAELEN QUINTEN					Q-time: 01:18:71
PB (25m pool): 01:18.71 Zwevegem 31/05/2026					PB (50m pool): 01:19.65 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.27		01:18.71	
	00:36.27		00:42.44		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:4, starttime: 10:10
Heat: 4/5 Lane : 3 Athlete: SALOMEZ HAAKON					Q-time: 01:11:32
PB (25m pool): 01:11.05 Diksmuide 29/12/2024					PB (50m pool): 01:13.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.73		01:11.05	
	00:33.73		00:37.32		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:4, starttime: 10:10
Heat: 4/5 Lane : 4 Athlete: VANDAMME LUCAS					Q-time: 01:11:12
PB (25m pool): 01:11.12 Ettelbruck 20/04/2025					PB (50m pool): 01:12.90 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.51		01:11.12	
	00:33.51		00:37.61		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:5, starttime: 10:12
Heat: 5/5 Lane : 1 Athlete: THYVELEN WOUT					Q-time: 01:06:90
PB (25m pool): 01:06.23 Ettelbruck 21/04/2024					PB (50m pool): 01:09.47 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.23	
	no time				
					

Coach feedback:

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Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:5, starttime: 10:12
Heat: 5/5 Lane : 8 Athlete: DELPORTE NIO					Q-time: 01:06:91
PB (25m pool): 01:06.91 Zwevegem 31/05/2026					PB (50m pool): 01:08.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.26		01:06.91	
	00:31.26		00:35.65		
					

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:1, starttime: 10:39	
Heat: 1/4 Lane : 3 Athlete: HOSTEN IRIS							Q-time: 02:58:35	
PB (25m pool): 02:58.35 Ettelbruck 19/04/2026				PB (50m pool): 03:04.46 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.86		01:25.87		02:12.40		02:58.35
	00:40.86		00:45.01		00:46.53		00:45.95	
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:1, starttime: 10:39	
Heat: 1/4 Lane : 5 Athlete: DECEUNINCK EMMA							Q-time: 02:53:96	
PB (25m pool): 02:53.96 Ettelbruck 19/04/2026				PB (50m pool): 02:57.19SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.13		01:24.57		02:09.14		02:53.96
	00:41.13		00:43.44		00:44.57		00:44.82	
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:2, starttime: 10:44	
Heat: 2/4 Lane : 9 Athlete: VANDAMME BRITT							Q-time: 02:51:02	
PB (25m pool): 02:51.02 Ettelbruck 19/04/2026				PB (50m pool): 02:50.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.44		01:25.23		02:08.34		02:51.02
	00:41.44		00:43.79		00:43.11		00:42.68	
								

Coach feedback:

PK KB WVL 26: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:4, starttime: 10:51	
Heat: 4/4 Lane : 1 Athlete: NOTREDAME INE							Q-time: 02:28:58	
PB (25m pool): 02:28.58 Ettelbruck 20/04/2025				PB (50m pool): 02:37.02SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.17		01:13.29		01:50.93		02:28.58
	00:35.17		00:38.12		00:37.64		00:37.65	
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:4, starttime: 10:51	
Heat: 4/4 Lane : 6 Athlete: MIGOM LOBKE							Q-time: 02:22:96	
PB (25m pool): 02:22.96 Ettelbruck 20/04/2025				PB (50m pool): 02:29.58SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.00		01:09.60		01:46.56		02:22.96
	00:34.00		00:35.60		00:36.96		00:36.40	
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:4, starttime: 10:51	
Heat: 4/4 Lane : 8 Athlete: DELPORTE ELLE							Q-time: 02:31:07	
PB (25m pool): 02:31.07 Ettelbruck 19/04/2026				PB (50m pool): 02:30.56SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.26		01:15.08		01:53.94		02:31.07
	00:36.26		00:38.82		00:38.86		00:37.13	
								

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+							Heat:1, starttime: 11:17	
Heat: 1/7 Lane : 1 Athlete: DE DEYNE PAULIEN							Q-time: 00:53:93	
PB (25m pool): 00:53.93 Torhout 06/12/2025							PB (50m pool): 00:51.39SB: no time	
	2 5 M		5 0 M					
PB			00:53.93					
			00:53.93					
								

Coach feedback:

PK KB WVL 26: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 11:17
Heat: 1/7 Lane : 2 Athlete: DEMAREST JAYDA			Q-time: 00:51:68
PB (25m pool): 00:51.68 Diksmuide 28/12/2025			PB (50m pool): 00:50.86 SB: no time
	2 5 M	5 0 M	
PB		00:51.68	
		00:51.68	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 11:17
Heat: 1/7 Lane : 6 Athlete: DECAESTECKER OONA			Q-time: 00:47:35
PB (25m pool): 00:47.35 Torhout 06/12/2025			PB (50m pool): 00:42.94 SB: no time
	2 5 M	5 0 M	
PB		00:47.35	
		00:47.35	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 11:22
Heat: 5/7 Lane : 0 Athlete: GHEKIERE JUNE			Q-time: 00:36:83
PB (25m pool): 00:36.83 DIKSMUIDE 30/11/2025			PB (50m pool): 00:36.06 SB: no time
	2 5 M	5 0 M	
PB		00:36.83	
		00:36.83	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 11:24
Heat: 7/7 Lane : 5 Athlete: EECKHOUT FLEUR			Q-time: 00:29:53
PB (25m pool): 00:29.53 Ettelbruck 20/04/2025			PB (50m pool): 00:30.14 SB: no time
	2 5 M	5 0 M	
PB		00:29.53	
		00:29.53	
			

Coach feedback:

PK KB WVL 26: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:2, starttime: 11:28
Heat: 2/4 Lane : 2 Athlete: THYVELEN RUNE			Q-time: 00:36:52
PB (25m pool): 00:36.52 Ettelbruck 19/04/2026			PB (50m pool): 00:36.78 SB: no time
	2 5 M	5 0 M	
PB		00:36.52	
		00:36.52	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:2, starttime: 11:28
Heat: 2/4 Lane : 5 Athlete: VANHAECKE LOWIE			Q-time: 00:34:59
PB (25m pool): 00:34.59 Diksmuide 28/12/2025			PB (50m pool): 00:35.12 SB: no time
	2 5 M	5 0 M	
PB		00:34.59	
		00:34.59	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:3, starttime: 11:29
Heat: 3/4 Lane : 2 Athlete: DEVRIESE SKY			Q-time: 00:32:57
PB (25m pool): 00:32.57 Ettelbruck 19/04/2026			PB (50m pool): 00:33.82 SB: no time
	2 5 M	5 0 M	
PB		00:32.57	
		00:32.57	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 11:31
Heat: 4/4 Lane : 2 Athlete: EECKHOUT SIEBEN			Q-time: 00:29:11
PB (25m pool): 00:29.11 Ettelbruck 20/04/2025			PB (50m pool): 00:30.14 SB: no time
	2 5 M	5 0 M	
PB		00:29.11	
		00:29.11	
			

Coach feedback: